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March Highlights

Cardiovascular: 11, 16, 19, 36, 40, 48

Infectious Disease: 1, 15, 34, 37, 44, 51

Mental Health: 2, 3, 6, 26, 29, 32, 49

Obs/Gyn: 15, 21, 25, 42, 46, 47

Pain & Opioids: 8, 10, 14, 27, 38, 41

Pediatrics: 3, 32, 43, 46, ebook

Pandemic Management

The [Pandemic Management](#) reading list has been updated with more resources for Physician Wellness and a new section: Selected resources providing summaries of COVID-19 evidence for the busy clinician.

“Sound” Bytes (synopses)

1. **SARS-CoV-2 vaccines. JAMA and Reports of anaphylaxis after receipt of mRNA COVID-19 vaccines in the US – December 14, 2020-January 18, 2021. *JAMA 2021 [Epub ahead of print].***
2. **Medications for treatment-resistant depression in adults. *Am Fam Physician 2021;103(1):16-8.***
3. Diagnosis, evaluation, and treatment of attention-deficit/hyperactivity disorder. *JAMA Pediatr 2021;175(1):191-2.*
4. **Testosterone therapy for age-related low testosterone: guidelines from the ACP. *Am Fam Physician 2021;103(1):60-61.***
5. Review of the American Society of Colon and Rectal Surgeons clinical practice guidelines for the treatment of left-sided colonic diverticulitis. *JAMA Surg 2021;156(1):94-5.*
6. **Brief cognitive testing in the detection and diagnosis of clinical Alzheimer-type dementia. *Am Fam Physician 2021;103(3):183-5.***

Review Articles

7. **Dysphagia in older adults. *Mayo Clin Proc 2021;96(2):488-97.***
8. **Fibromyalgia: recognition and management in the primary care office. *Med Clin NA 2021;105(2):285-96.***
9. **Switching between GLP-1 receptor agonists in clinical practice: expert consensus and practical guidance. *Int J Clin Pract 2021;75(2):e13731.***
10. **Hip pain in adults: evaluation and differential diagnosis. *Am Fam Physician 2021;103(2):81-9.***

11. Effect of intensive blood pressure lowering on cardiovascular outcomes: a systematic review prepared for the 2020 U.S. Department of Veterans Affairs/U.S. Department of Defense guidelines. *Ann Intern Med 2020;173(11):895-903* and **New cardiovascular prevention guidelines: how to optimally manage dyslipidaemia and cardiovascular risk in 2021 in patients needing secondary prevention? *Atherosclerosis 2021;319:51-61.***
12. **Adrenal insufficiency. *Lancet 2021;397(10274):613-29.***
13. **Pharmacological prevention of fractures in patients undergoing glucocorticoid therapies: a systematic review and network meta-analysis. *Rheumatology 2021;60(2):649-57.***
14. **The challenges of chronic pain and fatigue. *Clin Med 2021;21(1):19-27.***
15. **Management of viral complications of pregnancy: pharmacotherapy to reduce vertical transmission. *Obstet Gynecol Clin NA 2021;48(1):53-74.***
16. Atrial fibrillation. *NEJM 2021;384(4):353-61* and **Meta-analysis evaluating the efficacy and safety of low-intensity warfarin for patients >65 years of age with non-valvular atrial fibrillation. *Am J Cardiol 2021;142:74-82.***
17. **Iron deficiency. *Lancet 2021;397(10270):233-48.***
18. **Degenerative cervical myelopathy: recognition and management. *Am Fam Physician 2020;102(12):740-50.***
19. **Behaviour change techniques in personalized care planning for older people: as systematic review. *Br J Gen Pract 2021;71(703):e121-7.***

20. Diagnosis and treatment of hip and knee osteoarthritis: a review. *JAMA* 2021;325(6):568-78.
21. Endometriosis is a chronic systemic disease: clinical challenges and novel innovations. *Lancet* 2021;397(10276):839-52.
22. Uveitis for the non-ophthalmologist. *BMJ* 2021;372:m4979.
23. Cultural considerations in caring for refugees and immigrants. *Prim Care* 2021;48(1):35-43.
24. Ankle arthritis – an important signpost in rheumatologic practice. *Rheumatology* 2021;60(1):23-33.
25. Salpingectomy vs tubal ligation for sterilization: a systematic review and meta-analysis. *Am J Obstet Gynecol* 2021;224(3):258-65.e4.
26. Current therapeutic approaches to anorexia nervosa: state of the art. *Clin Ther* 2021;43(1):85-94.
27. Pregabalin for neuropathic pain in primary care settings: recommendations for dosing and titration. *Postgrad Med* 2021;133(1):1-9.
28. Diagnosis and treatment of metastatic colorectal cancer: a review. *JAMA* 2021;325(7):669-85.
29. Sexuality and gender issues in individuals with autism spectrum disorder. *Psychiatr Clin NA* 2021;44(1):111-24.
30. Time to deprescribe: a time-centric model for deprescribing at end of life. *J Palliat Med* 2021;24(2):273-84.
31. Wildfires, global climate change, and human health. *NEJM* 2020;383(22):2173-81.

From the Specialties

32. Intervening after serious trauma. *Children's Ment Health Res Q* 2021;15(1):5-8.

33. A narrative review of common uses of ophthalmic ultrasound in emergency medicine. *J Emerg Med* 2021;60(1):80-9.
34. Review of probiotic use in otolaryngology. *Am J Otolaryngol* 2021;42(2):102883.
35. Pathogenesis, evaluation, and management of osteolysis following total ankle arthroplasty. *Foot Ankle Int* 2021;42(2):230-42.
36. Outpatient treatment of low-risk pulmonary embolism in the era of direct oral anticoagulants: a systematic review. *Acad Emerg Med* 2021;28(2):226-39.

Research Studies

37. Association of SARS-CoV-2 seropositive antibody test with risk of future infection. *JAMA Intern Med* 2021 [Epub ahead of print].
38. A randomized trial comparing the efficacy of five oral analgesics for treatment of acute musculoskeletal extremity pain in the emergency department. *Ann Emerg Med* 2021;77(3):345-56.
39. Clinical performance of a novel LIAISON fecal calprotectin assay for differentiation of inflammatory bowel disease from irritable bowel syndrome. *J Clin Gastroenterology* 2021;55(3):239-43.
40. Coronary optical coherence tomography and cardiac magnetic resonance imaging to determine underlying causes of myocardial infarction with nonobstructive coronary arteries in women. *Circulation* 2021;143(7):624-40.
41. Ambulatory continuous peripheral nerve blocks to treat postamputation phantom limb pain: a multicenter, randomized, quadruple-masked, placebo-controlled clinical trial. *Pain* 2021;162(3):938-55.

42. Breast cancer recurrence risk after hormonal contraceptive use in survivors of reproductive age. *Eur J Obstet Gynecol Reprod Biol* 2021;258:174-8.
43. Noninvasive management of pediatric isolated, condylar fractures: less is more? *Plast Reconstr Surg* 2021;147(2):443-52.

Practice Guidelines

44. Urinary tract infections in the primary care setting – investigation. *BC Guidelines: Guidelines and Protocols Advisory Committee 2020*.
45. Interventions for tobacco smoking cessation in adults, including pregnant persons: US Preventive Services Task Force recommendation statement. *JAMA* 2021;325(3):265-79 and Ed.
46. Guidelines for surfactant replacement therapy in neonates. *Paediatr Child Health* 2021;26(1):35-41.
47. Guideline no. 411: vaginal pessary use. *J Obstet Gynaecol Can* 2021;43(2):255-66.e1.
48. Screening for asymptomatic carotid artery stenosis: US Preventive Services Task Force recommendation statement. *JAMA* 2021;325(5):476-81 and Eds.

Rising to the Challenge...

49. Resilience in the face of the Covid-19 pandemic: how to bend and not break. *World Neurosurg* 2021;146:280-4.
50. Recognising, understanding and managing high conflict behaviours in healthcare. *Postgrad Med J* 2021;97(1144):123-4.
51. Escaping catch-22 – overcoming covid vaccine hesitancy. *NEJM* 2021 [Epub ahead of print].

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