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October Highlights

Cardiovascular: 24, 28, 38, 44, 47
Infectious Disease: 7, 17, 31, 39, 50, ebook
Mental Health: 7, 11, 16, 19, 22, 27, 33, 40, 41, ebook
Obs/Gyn: 31, 42, 45, 48
Pain & Opioids: 2, 15, 28, 42
Pediatrics: 3, 14, 21, 24, 28, 32, 43, 46, ebook

New Reading Lists page

Curated lists of resources for Pain Management, Pandemic Management, and Race and Health Equity can be found on the College library's new Reading Lists page (<https://www.cpsbc.ca/library/search-materials/reading-lists>).

“Sound” Bytes (synopses)

1. Ulcerative colitis in adults. *JAMA* 2020;324(12):1205-6.
2. **Just the facts: risk stratifying nontraumatic back pain for cauda equina syndrome in the emergency department.** *CJEM* 2020;22(5):652-4.
3. Food insecurity in the paediatric office. *Paediatr Child Health* 2020;25(6):349-50.
4. Polymyalgia rheumatica and giant cell arteritis. *JAMA* 2020;324(10):993-4.
5. **Just the facts: management of cyclopeptide mushroom ingestion.** *CJEM* 2020;22(5):644-7.

Review Articles

6. **Improving cultural safety of diabetes care in Indigenous populations of Canada, Australia, New Zealand and the United States: a systematic rapid review.** *Can J Diabetes* 2020;44(7):670-8.
7. **Mental health interventions and supports during COVID-19 and other medical pandemics: a rapid systematic review of the evidence.** *Gen Hosp Psychiatry* 2020;66:133-46.
8. Benefits and risks of bariatric surgery in adults: a review. *JAMA* 2020;324(9):879-87.
9. **Thyroid nodules: advances in evaluation and management.** *Am Fam Physician* 2020;102(5):298-304.
10. Chronic obstructive pulmonary disease. *Ann Intern Med* 2020;173(3):ITC17-32.
11. Pharmacologic treatment of attention deficit-hyperactivity disorder. *NEJM* 2020;383(11):1050-6.

12. Prevention, diagnosis, and management of chronic wounds in older adults. *Mayo Clin Proc* 2020;95(9):2021-34.
13. Persistent night sweats: diagnostic evaluation. *Am Fam Physician* 2020;102(7):427-33.
14. Complicated pneumonia in children. *Lancet* 2020;396(10253):786-98.
15. The characteristics and effectiveness of interventions for frequent emergency department utilizing patients with chronic noncancer pain: a systematic review. *Acad Emerg Med* 2020;27(8):742-52.
16. Dementia prevention, intervention, and care: 2020 report of the Lancet Commission. *Lancet* 2020;396(10248):413-46.
17. Hepatitis B virus persistence and reactivation. *BMJ* 2020;370:m2200.
18. Anaphylaxis recognition and management. *Am Fam Physician* 2020;102(6):355-62.
19. Neurobiology, clinical presentation, and treatment of methamphetamine use disorder: a review. *JAMA Psychiatry* 2020;77(9):959-66.
20. Reappraisal of the treatment duration of antibiotic regimens for acute uncomplicated cystitis in adult women: a systematic review and network meta-analysis of 61 randomized clinical trials. *Lancet Infect Dis* 2020;20(9):1080-8.
21. Marijuana and the pediatric population. *Pediatrics* 2020;146(2):e20192629.
22. Coping with climate change: three insights for research, intervention, and communication to promote adaptive coping to climate change. *J Anxiety Disord* 2020;75:102282.

23. The apparently milder course of multiple sclerosis: changes in the diagnostic criteria, therapy and natural history. *Brain* 2020;143(9):2637-52.
24. The rationale, indications, safety, and use of statins in the pediatric population. *Can J Cardiol* 2020;36(9):1372-83.
25. Allowed activities after primary total knee arthroplasty and total hip arthroplasty. *Orthop Clin NA* 2020;51(4):441-52.
26. Primary prevention of asthma: from risk and protective factors to targeted strategies for prevention. *Lancet* 2020;396(10254):854-66.
27. Using long-acting injectable antipsychotics to enhance the potential for recovery in schizophrenia. *J Clin Psychiatry* 2020;81(4):MS19053AH5C.
28. Evaluating chest pain and heart murmurs in pediatric and adolescent patients. *Pediatr Clin NA* 2020;67(5):783-99.
29. Cannabinoids: a guide for use in the world of gastrointestinal disease. *J Clin Gastroenterol* 2020;54(9):769-88.
30. Expert perspective: challenges in scleroderma. *Arthritis Rheumatol* 2020;72(9):1415-26.
31. Cytomegalovirus infection during pregnancy: state of the science. *Am J Obstet Gynecol* 2020;223(3):330-49.
32. The benefit-risk balance for biological agents in juvenile idiopathic arthritis: a meta-analysis of randomized clinical trials. *Rheumatology* 2020;59(9):2226-36.
33. Irremediable psychiatric suffering in the context of physician-assisted death: a scoping review of arguments. *Can J Psychiatry* 2020;65(9):593-603.

34. Understanding the role of GPs' gut feelings in diagnosing cancer in primary care: a systematic review and meta-analysis of existing evidence. *Br J Gen Pract* 2020;70(698):e612-21.

From the Specialties

35. Association of central noninvasive brain stimulation interventions with efficacy and safety in tinnitus management. *JAMA Otolaryngol Head Neck Surg* 2020;146(9):1-9.
36. Monitoring clinical course and treatment response in chronic inflammatory demyelinating polyneuropathy during routine care: a review of clinical and laboratory assessment measures. *JAMA Neurol* 2020;77(9):1159-66.
37. Emerging therapies in genodermatoses. *Clin Dermatol* 2020;39(4):462-6.
38. Meta-analysis of the usefulness of therapeutic hypothermia after cardiac arrest. *Am J Cardiol* 2020;133:48-53.
39. Effect of postoperative continuation of antibiotic prophylaxis on the incidence of surgical site infection: a systematic review and meta-analysis. *Lancet Infect Dis* 2020;20(10):1182-92.

Research Studies

40. Effect of internet vs face-to-face cognitive behavior therapy for health anxiety: a randomized noninferiority clinical trial. *JAMA Psychiatry* 2020;77(9):915-24.
41. The frequency of sleep medication use and the risk of subjective cognitive decline (SCD) or SCD with functional difficulties in elderly individuals without dementia. *J Gerontol A Biol Sci Med Sci* 2020;75(9):1693-8.

42. Reducing the number of opioids consumed after discharge following elective cesarean delivery: a randomized controlled trial. *J Obstet Gynaecol Can* 2020;42(9):1116-20.e3.
43. Time for bed! Earlier sleep onset is associated with longer nighttime sleep duration during infancy. *Sleep Med* 2020;73:238-45.

Practice Guidelines

44. 2020 expert consensus decision pathway on novel therapies for cardiovascular risk reduction in patients with type 2 diabetes. *J Am Coll Cardiol* 2020;76(9):1117-45.
45. Guideline no. 403: initial investigation and management of adnexal masses. *J Obstet Gynaecol Can* 2020;42(8):1021-9.
46. Postnatal corticosteroids to prevent or treat bronchopulmonary dysplasia in preterm infants. *Paediatr Child Health* 2020;25(5):322-6.
47. Medical marijuana, recreational cannabis, and cardiovascular health: a scientific statement from the American Heart Association. *Circulation* 2020;142(10):e131-52.
48. Society for maternal-fetal medicine consult series #52: diagnosis and management of fetal growth restriction. *Am J Obstet Gynecol* 2020;223(4):B2-17.

Bringing to Light...

49. Don't torment me with hope. *BMJ* 2020;370:m3016.
50. Can a health care worker have sex in the time of COVID-19? *Eur J Obstet Gynecol Reprod Biol* 2020;252:622-3.
51. Celestial effects on the skin. *Clin Dermatol* 2020;38(4):485-8.

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