



To ensure you get your requested items, include on all the pages:

CPSID:

Name:

How would you like to receive your articles?

Email:

Address:

Bold typeface means an article is available full text online through our website: www.cpsbc.ca/library

Note: Articles included in *Cites & Bytes* are for your information and are not to be considered College policy.

February Highlights

Cancer: 10, 24, 28, 30, 32, 35, 38, 44
Cardiovascular: 13, 16, 21, 25, 34, 41, 48

Mental Health: 3, 18, 20, 23, 26, 33, 42, 45, ebooks

Obs/Gyn: 4, 14, 29, 38, 40, 46

Pain & Opioids: 19, 31, 37, 49

Missing *Cites & Bytes* requests?

Have you requested articles from *Cites & Bytes* but not received them? Requests submitted via the website with **Canada Post**, **Meditrans**, or **pickup** as the sending option may not have been received due to a glitch. The glitch has now been fixed, however, you may wish to resubmit earlier requests. We apologize for the inconvenience.

“Sound” Bytes (synopses)

1. Mild traumatic brain injury in 2019-2020. *JAMA* 2020;323(2):177-8.
2. Systematic contact dermatitis: sometimes it is the food. *Cutis* 2019;104(6):337-40.
3. **The role of ketamine in depression #384. *J Palliat Med* 2020;23(1):136-8.**
4. Assessment and management of heavy menstrual bleeding. *JAMA* 2020;323(3):270-1 and Diagnosis and management of primary dysmenorrhea, pp 268-9.
5. **Diagnosing VTE: guidelines from the American Society of Hematology. *Am Fam Physician* 2019;100(11):716-7.**
6. **Precocious puberty. *BMJ* 2020;368:16597.**

Review Articles

7. **Vaccination of adults in general medical practice. *Mayo Clin Proc* 2020;95(1):169-83 and The prevention of infections in older adults: vaccination. *J Am Geriatr Soc* 2020;68(1):207-14.**
8. Suicide. *NEJM* 2020;382(3):266-74.
9. **Influenza: diagnosis and treatment. *Am Fam Physician* 2019;100(12):751-8.**
10. **Thyroid nodules: diagnostic evaluation based on thyroid cancer risk assessment. *BMJ* 2020;368:16670.**
11. **Efficacy and effectiveness of bulking agents in the treatment of stress and mixed urinary incontinence: a systematic review and meta-analysis. *Maturitas* 2020;133:13-31.**

12. **Predictors of successful discontinuation of biologic and targeted synthetic DMARDs in patients with rheumatoid arthritis in remission or low disease activity: a systematic literature review. *Rheumatology* 2020;59(2):324-34.**
13. Treating hypertension in chronic obstructive pulmonary disease. *NEJM* 2020;382(4):353-63.
14. **Bacterial vaginosis – a brief synopsis of the literature. *Eur J Obstet Gynecol Reprod Biol* 2020;245:143-8.**
15. **Diagnosis and treatment of eosinophilic esophagitis. *J Allergy Clin Immunol* 2020;145(1):1-7.**
16. **Diagnostic performance of non-invasive imaging for stable coronary artery disease: a meta-analysis. *Int J Cardiol* 2020;300:276-81.**
17. **A blueprint for planning and implementing a transgender health program. *Ann Fam Med* 2020;18(1):73-9 and Care of transgender persons. *NEJM* 2019;381(25):2451-60.**
18. **Helping youth who are coping with challenges [to prevent substance use]. *Children’s Ment Health Res Q* 2019;13(4):5-15.**
19. **Nonspecific low back pain and return to work. *Am Fam Physician* 2019;100(11):697-703.**
20. **Current and emerging solutions to challenges in the management of Alzheimer’s disease. *J Clin Psychiatry* 2019;80(6):19-27.**
21. Management of acute and recurrent pericarditis. *J Am Coll Cardiol* 2020;75(1):76-92.

22. **Changes in color of the skin and systemic disease.** *Clin Dermatol* 2019;37(6):610-7.
23. **Telemedicine interventions for medication adherence in mental illness: a systematic review.** *Gen Hosp Psychiatry* 2020;62:28-36.
24. **Supplemental MRI screening for women with extremely dense breast tissue.** *NEJM* 2019;381(22):2091-102.
25. **Beyond the lungs: systemic manifestation of pulmonary arterial hypertension.** *Am J Respir and Crit Care Med* 2020;201(2):148-57.
26. **Psychotherapies for adolescents with subclinical and borderline personality disorder: a systematic review and meta-analysis.** *Can J Psychiatry* 2020;65(1):5-15.
27. **Resilience in clinical care: getting a grip on the recovery potential of older adults.** *J Am Geriatr Soc* 2019;67(12):2650-7.
28. **Head and neck cancer.** *NEJM* 2020;382(1):60-72.
29. **Lithium exposure during pregnancy and the postpartum period: a systematic review and meta-analysis of safety and efficacy outcomes.** *Am J Psychiatry* 2020;177(1):76-92.
30. **Adverse events of novel therapies for hematologic malignancies: what emergency physicians should know.** *Ann Emerg Med* 2020;75(2):264-86.

From the Specialties

31. **Acute postoperative pain management.** *Br J Surg* 2020;107(2):e70-80.
32. **Neurologic complications of melanoma.** *Cancer* 2020;126(3):477-86.
33. **Managing delirium and agitation in the older emergency department patient: the ADEPT tool.** *Ann Emerg Med* 2020;75(2):136-45.

34. **Older adults in the cardiac intensive care unit: factoring geriatrics syndromes in the management, prognosis, and process of care: a scientific statement from the American Heart Association.** *Circulation* 2020;141:e6-32.
35. **Renal mass biopsy is associated with reduction in surgery for early-stage kidney cancer.** *Urology* 2020;135:76-81.

Research Studies

36. **Practices to foster physician presence and connection with patients in the clinical encounter.** *JAMA* 2020;323(1):70-81 and Eds.
37. **Long-term safety and efficacy of closed-loop spinal cord stimulation to treat chronic back and leg pain (Evoke): a double-blind, randomised, controlled trial.** *Lancet Neurol* 2020;19(2):123-34.
38. **Risk-tailored starting age of breast cancer screening based on women's reproductive profile: a nationwide cohort study.** *Eur J Cancer* 2020;124:207-13.
39. **Perforated appendicitis: short duration antibiotics are noninferior to traditional long duration antibiotics.** *Surgery* 2020;167(2):475-7.
40. **Optimal timing of prenatal ultrasound in predicting birth weight in diabetic pregnancies.** *J Obstet Gynaecol Can* 2020;42(1):48-53.
41. **Early surgery or conservative care for asymptomatic aortic stenosis.** *NEJM* 2020;382(2):111-9.
42. **Family care rituals in the ICU to reduce symptoms of post-traumatic stress disorder in family members – a multicenter, multinational, before-and-after intervention trial.** *Crit Care Med* 2020;48(2):176-84.

43. **Antimicrobial stewardship intervention: optimizing antibiotic treatment in hospitalized patients with reported antibiotic allergy.** *J Hosp Infect* 2020;104(2):137-43.

Practice Guidelines

44. **Breast cancer screening and diagnosis: a synopsis of the European Breast Guidelines.** *Ann Intern Med* 2020;172(1):46-56.
45. **Post-diagnostic management and follow-up care for autism spectrum disorder.** *Paediatr Child Health* 2019;24(7):461-8.
46. **Guideline No. 390 – Classification and management of endometrial hyperplasia.** *J Obstet Gynecol Can* 2019;41(12):1789-800.
47. **The management of stroke rehabilitation: a synopsis of the 2019 Department of Veterans Affairs and U.S. Department of Defense clinical practice guideline.** *Ann Intern Med* 2019;171(12):916-24.
48. **2019 American Heart Association focused update on pediatric advanced life support: an update to the American Heart Association guidelines for cardiopulmonary resuscitation and emergency cardiovascular care.** *Pediatrics* 2020;145(1):e20191361.

Letting go/Holding on...

49. **Unbound from opioids.** *Sci Am* 2020;322(1):40-7.
50. **Telling me you don't know is ok.** *BMJ* 2020;368:16803.
51. **Association between the release of Netflix's 13 Reasons Why and suicide rates in the United States: an interrupted time series analysis.** *J Am Acad Child Adolesc Psychiatry* 2020;59(2):236-43.

CPSID:
Name: