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Newsletter of the Library of the College of Physicians and Surgeons of British Columbia

Issue 271

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November 2018

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As a College registrant, you are entitled to request 200 full text articles FREE each calendar year.

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## November Highlights

*Cardiovascular: 7, 11, 20, 25, 32, 35, 38, 40, 42, 44, 46, Books*

*Dermatology: 5, 12, 16, 34*

*Gastrointestinal: 4, 14, 18, 28, 30, 36*

*Mental Health: 2, 3, 19, 23, 27, 45, Books*

*Pain/Opioids: 2, 6, 9, 31, Books*

*Obstetrics: 15, 23, 39, 41*

*Rheumatology: 13, 22, 24, 33, 43*

## "Sound" Bytes (Synopses)

1. Management of hoarseness. *JAMA Otolaryngol Head Neck Surg* 2018;144(9):838-839.
2. **What interventions are effective to taper opioids in patients with chronic pain? *BMJ* 2018;362:k2990 and Depression in chronic pain: might opioids be responsible? *Pain* 2018;159(11):2142-5.**
3. **Toward cultural assessment of grief and grief-related psychopathology. *Psychiatr Serv* 2018;69(10):1050-2 and Suppl.**
4. **Refocusing IBD patient management: personalized, proactive, and patient-centered care. *Am J Gastroenterol* 2018;113(10):1440-3.**
5. Management of chronic wounds, 2018. *JAMA* 2018;320(14):1481-2.

## Review Articles

6. **Assessment of acute headache in adults: what the general physicians need to know. *Clin Med* 2018;18(5):422-7.**
7. **Orthostatic hypotension: JACC State-of-the-Art Review. *J Am Coll Cardiol* 2018;72(11):1294-309.**
8. **Chronic ear disease. *Med Clin NA* 2018;102(6):1063-79.**
9. **Abdominal wall pain: clinical evaluation, differential diagnosis, and treatment. *Am Fam Physician* 2018;98(7):429-36.**
10. **Parkinson disease. *Ann Intern Med* 2018;169(5):ITC33-47.**
11. **Newer technologies for detection of atrial fibrillation. *BMJ* 2018;363:k3946.**

12. **Recent developments in atopic dermatitis. *Pediatrics* 2018;142(4):e20181102.**
13. **Diagnosis and management of rheumatoid arthritis. *JAMA* 2018;320(13):1360-72.**
14. **Using corticosteroids appropriately in inflammatory bowel disease: a guide for primary care. *Br J Gen Pract* 2018;68(675):497-8.**
15. **Insomnia during pregnancy. *Prescr Intl* 2018;27(197):240-44.**
16. **Acne vulgaris. *NEJM* 2018;379(14):1343-52.**
17. **Venous thromboembolism: advances in diagnosis and treatment. *JAMA* 2018;320(15):1583-94.**
18. **Intestinal obstruction: evaluation and management. *Am Fam Physician* 2018;98(6):362-7.**
19. **Assessment and treatment of gender dysphoria and gender variant patients: a primer for psychiatrists. *Am J Psychiatry* 2018;175(1):1046 and Ed.**
20. **Stress cardiomyopathy. *J Am Coll Cardiol* 2018;72(16):1955-71.**
21. **What is the role of  $\alpha$ -blockers for medical expulsive therapy? Results from a meta-analysis of 60 randomized trials and over 9500 patients. *Urology* 2018;119:5-16.**
22. **Topical therapies for knee osteoarthritis. *Postgrad Med* 2018;130(7):607-612.**
23. **Perinatal anxiety: approach to diagnosis and management in the obstetric setting. *AJOG* 2018;219(4):326-45.**

SEE OVER

24. **Dose adjustments and discontinuation in TNF inhibitors treated patients: when and how. A systematic review of literature. *Rheumatology* 2018;57(supp7):vii23-31 and Drug safety and immunogenicity of tumour necrosis factor inhibitors: the story so far, pp 1896-1907.**
25. **Meta-analysis of usefulness of psyllium fiber as adjuvant antilipid therapy to enhance cholesterol lowering efficacy of statins. *Am J Cardiol* 2018;122(7):1169-74.**
26. **Comorbidities, treatment, and pathophysiology in restless legs syndrome. *Lancet Neurol* 2018;17(11):994-1005.**
27. **Harms of antipsychotics in children and young adults: a systematic review update. *Can J Psychiatry* 2018;63(10):661-78.**
28. **Autoimmune pancreatitis. *Am J Gastroenterol* 2018;113(9):1301-9.**
29. **The role of imaging in prostate cancer care pathway: novel approaches to urologic management challenges along 10 imaging touch points. *Urology* 2018;119:23-31.**

### **From the Specialities**

30. **Bowel preparations administered the morning of colonoscopy provide similar efficacy to a split dose regimen: a meta-analysis. *J Clin Gastroenterol* 2018;52(10):859-68.**
31. **A systematic review and meta-analysis of ketamine as an alternative to opioids for acute pain in the emergency department. *Acad Emerg Med* 2018;25(10):1086-1097.**
32. **American College of Surgeons' guidelines for the perioperative management of antithrombotic medication. *J Am Coll Surgeons* 2018;227(5):521-36.e1.**
33. **The eyes have it: a rheumatologist's view of uveitis. *Arthritis Rheumatol* 2018;70(10):1533-1543.**

34. **Hair regrowth outcomes of contact immunotherapy for patients with alopecia areata: a systematic review and meta-analysis. *JAMA Dermatol* 2018;154(10):1145-51.**

### **Research Studies**

35. **Effect of aspirin on cardiovascular events and bleeding in the healthy elderly. *NEJM* 2018;379(16):1509-18.**
36. **Carbon dioxide insufflation increases colonoscopic adenoma detection rate compared with air insufflation. *J Clin Gastroenterol* 2018;52(10):e92-6.**
37. **Effectiveness of a therapeutic *Tai Ji Quan* intervention vs a multimodal exercise intervention to prevent falls among older adults at high risk of falling: a randomized clinical trial. *JAMA Intern Med* 2018;178(10):1301-10.**
38. **Effect of intranasal vasoconstrictors on blood pressure: a randomized, double-blind, placebo-controlled trial. *J Emerg Med* 2018;55(4):455-64.**
39. **Use of nonsteroidal anti-inflammatory drugs during pregnancy and the risk of miscarriage. *AJOG* 2018;219(3):275e1-8.**
40. **Association between albumin administration and survival in cardiac surgery: a retrospective cohort study. *Can J Anesth* 2018;65(11):1218-27.**
41. **Effect of immediate vs delayed pushing on rates of spontaneous vaginal delivery among nulliparous women receiving neuraxial analgesia: a randomized clinical trial. *JAMA* 2018;320(14):1444-54 and Ed.**

### **Practice Guidelines**

42. **2017 AHA/ACC/HRS guideline for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death: executive summary. *Circulation* 2018;138(13):e210-71.**

43. **Canadian Rheumatology Association recommendations for the assessment and monitoring of systemic lupus erythematosus. *J Rheumatol* 2018;45(10):1426-39.**
44. **ACC/AHA/AAPA/ABC/ACPM/AGS/AphA/ASH/ASPC/NMA/PCNA 2017 guideline for the prevention, detection, evaluation, and management of high blood pressure in adults: executive summary. *Circulation* 2018;138(17):e426-83.**
45. **ADHD in children and youth: part 2, treatment. *Paed Child Health* 2018;23(7):462-72.**
46. **Clinical policy: critical issues in the evaluation and management of emergency department patients with suspected non-ST-elevation acute coronary syndromes. *Ann Emerg Med* 2018;72(5):e65-106.**

### **Perks and bonuses...**

47. **Should this woman with dense breasts receive supplemental breast cancer screening? *Ann Emerg Med* 2018;169(7):474-84.**
48. **Meals: a particularly influential gift. *Prescr Intl* 2018;27(197):246-51.**

### **BOOKS to borrow**

Chronic coronary artery disease: a companion to Braunwald's heart disease. *Elsevier, 2018.*

Cognitive therapy techniques: a practitioner's guide. *Guilford Press, 2017.*

Handbook of assessment and treatment of eating disorders. *American Psychiatric Association, 2016.*

Neuro-geriatrics: a clinical manual. *Springer, 2017.*

Urological and gynaecological chronic pelvic pain: current therapies. *Springer, 2017.*

**November 2018**

PLEASE MAKE SURE TO INCLUDE YOUR CONTACT INFORMATION

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