



CITES & BYTES

Newsletter of the Library of the College of Physicians and Surgeons of British Columbia

Issue 265

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May 2018

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Audio-Digest link change

The link to access Audio-Digest lectures has changed to <https://legacy.audio-digest.org>.

All of the links on the library website have been updated accordingly, but if you have saved a bookmark which goes directly to the Audio-Digest website, please use the above information to update it.

May Highlights:

Cancer & Survivors #26, 29, 32, 35, Books

Cardiovascular # 6, 10, 14, 18, 25, 33, 46, 49, 51, Books

Diabetes #6, 16, 40, 47

Geriatrics #9, 10, 21, 29, 40

LGBT #27, 38, Books

Mental Health # 15, 28, 34, 43, 46, 50, Books

Pain / Opioids # 9, 22, 39, 41, 44

Seasonal # 8, 13, 51

"Sound" Bytes (Synopses)

1. Duration of bisphosphonate therapy. *Am Fam Physician* 2018;97(7):466a-b.
2. Evaluation and treatment of male hypogonadism. *JAMA* 2018;319(13):1375-6.
3. Syncope evaluation and treatment guidelines from ACC, AHA, and HRS. *Am Fam Physician* 2018;97(7):478-9.
4. Evaluation and treatment of hirsutism in premenopausal women. *JAMA* 2018;319(15):1613-4.
5. Antibiotic prophylaxis for COPD exacerbations. *Am Fam Physician* 2018;97(8):527-8.

Review Articles

6. Angiotensin-converting enzyme inhibitors in hypertension: to use or not to use? *J Am Coll Cardiol* 2018;71(13):1474-82 and Angiotensin-converting enzyme inhibitors vs angiotensin receptor blockers for the treatment of hypertension in adults with type 2 diabetes: why we favour angiotensin receptor blockers. *Can J Diabetes* 2018;42(2):118-23.
7. Discontinuing long-term PPI therapy: why, with whom, and how? *Am J Gastroenterol* 2018;113(4):519-28.
8. Common running injuries: evaluation and management. *Am Fam Physician* 2018;97(8):510-6.
9. Efficacy and safety of oral and transdermal opioid analgesics for musculoskeletal pain in older adults: a systematic review of randomized, placebo-controlled trials. *J Pain* 2018;19(5):475.e1-e24.

10. Appropriateness of statin prescription in the elderly. *Eur J Int Med* 2018;50:33-40.
11. Bone and joint infection. *Clin Med* 2018;18(2):150-4.
12. Treating intermittent claudication. *Prescr Intl* 2018;27(192):102-6.
13. Evaluation and management of dehydration in children. *Emerg Med Clin NA* 2018;36(2):259-73.
14. PCSK9 inhibitors: a non-statin cholesterol-lowering treatment option. *Postgrad Med* 2018;130(3):287-98.
15. Benzodiazepines I: upping the care on downers, the evidence of risks, benefits and alternatives. *J Clin Med* 2018;7(2):pii E17.
16. Artificial pancreas treatment for outpatients with type 1 diabetes: systematic review and meta-analysis. *BMJ* 2018;361:k1310.
17. Psoriasis. *Ann Int Med* 2018;168(7):ITC49-64.
18. Restarting oral anticoagulant therapy after major bleeding in atrial fibrillation: a systematic review and meta-analysis. *Int J Cardiol* 2018;261:84-91.
19. Not all that flattens villi is celiac disease: a review of enteropathies. *Mayo Clin Proc* 2018;93(4):509-17.
20. Multiple sclerosis. *Lancet* 2018;391(10130):1622-36.
21. Skin barrier and dry skin in the mature patient. *Clin Dermatol* 2018;36(2):109-15.
22. A systematic review of the pain scales in adults: which to use? *Am J Emerg Med* 2018;36(4):707-14.

SEE OVER

23. **Nonsteroidal anti-inflammatory drug resistance in dysmenorrhea: epidemiology, causes, and treatment.** *AJOG* 2018;218(4):390-400.
24. **Effect of prescription medications on erectile dysfunction.** *Postgrad Med J* 2018;94(1109):171-8.
25. **Drug therapies in chronic heart failure: a focus on reduced ejection fraction.** *Clin Med* 2018;18(2):138-45.
26. **Nose and sinus tumours: red flags and referral.** *Br J Gen Pract* 2018;68(670):247-8.
27. **Current best practices for sexual and gender minorities in hospice and palliative care settings.** *J Pain Symptom Manage* 2018;55(5):1420-7.
28. **Effective treatments for youth substance use disorders.** *Children's Ment Health Res Q* 2018;12(2):6-11.
29. **Benefits and challenges of lung cancer screening in older adults.** *Clin Therap* 2018;40(4):526-34.
30. **HIV preexposure prophylaxis: a review.** *JAMA* 2018;319(12):1261-8.
31. **Placenta accreta spectrum.** *NEJM* 2018;378(16):1529-36.
32. **Chronic lymphocytic leukemia.** *Lancet* 2018;391(10129):1524-37.
33. **Management of patients with aortic valve stenosis.** *Mayo Clin Proc* 2018;93(4):488-508.
34. **Mental health of refugees and asylum seekers: assessment and intervention.** *Can J Psychiatry* 2018;63(5):290-6.
36. **The evaluation and management of urolithiasis in the ED: a review of the literature.** *Am J Emerg Med* 2018;36(4):699-706.
37. **Pyrexia of unknown origin.** *Clin Med* 2018;18(2):170-4.
38. **Transgender patients: what radiologists need to know.** *AJR* 2018;210(5):1106-10.
39. **Neonatal abstinence syndrome: advances in diagnosis and treatment.** *JAMA* 2018;319(13):1362-74.

Research Studies

40. **Glycaemic control and treatment of type 2 diabetes in adults aged 75 years or older.** *Int J Clin Pract* 2018;72(3):e13075.
41. **Combination therapy versus exercise and orthotic support in the management of pain in plantar fasciitis: a randomized controlled trial.** *Foot Ankle Int* 2018;39(4):406-14.
42. **High risk clinical features for acute aortic dissection: a case-control study.** *Acad Emerg Med* 2018;25(4):378-87.
43. **Treatment of complicated grief in survivors of suicide loss: a HEAL report.** *J Clin Psychiatry* 2018;79(2):17m11592.
44. **Opioid analgesic use and risk for invasive pneumococcal diseases: a nested case-control study.** *Ann Intern Med* 2018;168(6):396-404.
45. **Twenty-year follow-up study comparing operative versus nonoperative treatment of anterior cruciate ligament ruptures in high-level athletes.** *Am J Sports Med* 2018;46(5):1129-36.
46. **Use of haloperidol versus atypical antipsychotics and risk of in-hospital death in patients with acute myocardial infarction: cohort study.** *BMJ* 2018;360:k1218.

From the Specialities

35. **Medication overuse in oncology: current trends and future implications for patients and society.** *Lancet Oncol* 2018;19(4):e200-8.

Practice Guidelines

47. **Hemoglobin A_{1c} targets for glycemic control with pharmacologic therapy for nonpregnant adults with type 2 diabetes mellitus: a guidance statement update from the American College of Physicians.** *Ann Intern Med* 2018;168(8):569-76.
48. **No. 357: immunization in pregnancy.** *JOGC* 2018;40(4):478-89.
49. **Clinical policy: critical issues in the evaluation and management of adult patients presenting to the emergency department with suspected acute venous thromboembolic disease.** *Ann Emerg Med* 2018;71(5):e59-109.

Take a deep breath...

50. **Preventing suicide.** *Sci Am* 2018;318(4):54-9.
51. **Pollution exposure counteracts exercise benefits.** *Circulation* 2018;137(14):1516-7.
52. **"We've had enough of experts": the enduring charm of quackery.** *Br J Psychiatry* 2018;212(5):265-8.

BOOKS to borrow

Clinical tests for the musculoskeletal system: examinations, signs, phenomena. *Thieme, 2016.*

Evidence-based cardiology. *Wolters Kluwer, 2016.*

Marijuana and mental health. *APA Publishing, 2016.*

Meaning-centered group psychotherapy for patients with advanced cancer. *Oxford University Press, 2014.*

Principles of transgender medicine and surgery. *Routledge, 2016.*

May 2018

PLEASE MAKE SURE TO INCLUDE YOUR CONTACT INFORMATION

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