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SEPTEMBER HIGHLIGHTS

Cardiovascular: 11, 15, 25, 29, 40, 43, 45, 48

Drug & Tx Safety: 10, 14, 20, 24, 29

Gastrointestinal: 6, 10, 12, 30

Mental Health: 4, 24, 41, 49, Books

Obs/Gyn: 4, 9, 35, 38, 44, 47

Pediatrics: 13, 23, 37, 39, 48

Respiratory: 1, 37, 46, 50

Receive alerts for new SOGC guidelines

Check this box to be added to the list of recipients for the monthly automated search for new guidelines and committee opinions published in JOGC. Each email will include a link to the guideline (College login required).

“Sound” Bytes (synopses)

1. **Chronic obstructive pulmonary disease: diagnosis and management: summary of updated NICE guidance.** *BMJ 2019;366:14486.*
2. **Chronic neck pain: nonpharmacologic treatment.** *Am Fam Phys 2019;100(3):180-2.*
3. **Long-term care of HIV-positive patients in general practice.** *Br J Gen Pract 2019;69(685):407-408.*
4. **Assessing low mood during pregnancy.** *BMJ 2019;366:14584.*
5. **Early endovascular thrombectomy for large-vessel ischemic stroke reduces disability at 90 days.** *Acad Emerg Med 2019;26(8):953-955.*
6. **Management of refractory gastroesophageal reflux disease #377.** *J Palliat Med 2019;22(8):998-1000.*
7. **Assessing and counseling the older driver: a concise review for the generalist clinician.** *Mayo Clin Proc 2019;94(8):1582-8.*
8. **Hearing loss in adults: differential diagnosis and treatment.** *Am Fam Physician 2019;100(2):98-108.*
9. **Immunizations during pregnancy: how, when and why.** *Eur J Obstet Gynecol Reprod Biol 2019;240:29-35.*
10. **The clinician’s guide to proton-pump inhibitor discontinuation.** *J Clin Gastroenterol 2019;53(8):553-9.*
11. **Atrial fibrillation and diabetes mellitus.** *J Am Coll Cardiol 2019;74(8):1107-1115.*
12. ***Clostridioides difficile*: diagnosis and treatments.** *BMJ 2019;366:14609.*
13. **Lead poisoning in children.** *Am Fam Physician 2019;100(1):24-30.*
14. **Long-term drug therapy and drug discontinuations and holidays for osteoporosis fracture prevention: a systematic review.** *Ann Intern Med 2019;171(1):37-50.*
15. **The electrocardiogram: still a useful tool in the primary care office.** *Med Clin NA 2019;103(5):775-84.*
16. **Update on rosacea classification and its controversies.** *Cutis 2019;104(1):70-3 and Establishing the diagnosis of rosacea in skin of color patients, pp 38-41.*
17. **Essential tremor: diagnosis and management.** *BMJ 2019;366:14485.*
18. **Menopause: hormones, lifestyle, and optimizing aging.** *Obstet Gynecol Clin NA 2019;46(3):501-14.*
19. **Treatment of bladder stones in adults and children: a systematic review and meta-analysis on behalf of the European Association of Urology Urolithiasis Guideline Panel.** *Eur Urol 2019;76:352-67.*
20. **Drug effects on the thyroid.** *NEJM 2019;381(8):749-61.*
21. **Fixed-dose and fixed-ratio combination therapies in type 2 diabetes.** *Can J Diabetes 2019;43(6):440-4.*
22. **Hirsutism in women.** *Am Fam Physician 2019;100(3):168-75.*
23. **Congenital muscular torticollis: bridging the gap between research and clinical practice.** *Pediatrics 2019;144(2):e20190582.*

24. **Adverse effects of pharmacologic treatments of major depression in older adults.** *J Am Geriatr Soc* 2019;67(8):1571-81.
25. Antithrombotic therapy to prevent recurrent strokes in ischemic cerebrovascular disease. *J Am Coll Cardiol* 2019;74(6):786-803.
26. **Point-of-care ocular ultrasound for the diagnosis of retinal detachment: a systematic review and meta-analysis.** *Acad Emerg Med* 2019;26(8):931-9.
27. **Long-term consequences of androgen insensitivity syndrome.** *Maturitas* 2019;127:51-4.
28. Gene therapy. *NEJM* 2019;381(5):455-64.
29. Prevention, diagnosis, and management of radiation-associated cardiac disease. *J Am Coll Cardiol* 2019;74(7):905-27.
30. **Multiparametric ultrasound in liver diseases: an overview for the practicing clinician.** *Postgrad Med J* 2019;95(1126):425-32.
31. **Paraneoplastic movement disorders: phenomenology, diagnosis, and treatment.** *Eur J Int Med* 2019;67:14-23.
32. Benefits and harms of oral anticoagulant therapy in chronic kidney disease: a systematic review and meta-analysis. *Ann Intern Med* 2019;171(3):181-9.
33. **Pharmacogenomics.** *Lancet* 2019;394(10197):521-32.

From the Specialties

34. **Magnetic resonance imaging-targeted biopsy versus systematic biopsy in the detection of prostate cancer: a systematic review and meta-analysis.** *Eur Urol* 2019;76:284-303.

35. **Two-dose versus single-dose methotrexate for treatment of ectopic pregnancy: a meta-analysis.** *Am J Obstet Gynecol* 2019;221(2):95-108.e2.
36. **Top ten tips palliative care clinicians should know about telepalliative care.** *J Palliat Med* 2019;22(8):981-5.
37. **Advances in emergent airway management in pediatrics.** *Emerg Med Clin NA* 2019;37(3):473-91.

Research Studies

38. **Cervical digital photography: an alternative method to colposcopy.** *JOGC* 2019;41(8):1099-107.
39. **Intraarticular glucocorticoid injection as second-line treatment for Lyme arthritis in children.** *J Rheumatol* 2019;46(8):952-9.
40. **Comparisons between oral anticoagulants among older nonvalvular atrial fibrillation patients.** *J Am Geriatr Soc* 2019;67(8):1662-71.
41. **Self-guided internet-delivered cognitive behavior therapy (ICBT) for obsessive-compulsive symptoms: a randomized controlled trial.** *J Anxiety Disord* 2019;66:102111.
42. **Usefulness of triglyceride-glucose index for estimating hyperuricemia risk: insights from a general population.** *Postgrad Med* 2019;131(5):348-56.
43. **Pulsed field ablation for pulmonary vein isolation in atrial fibrillation.** *J Am Coll Cardiol* 2019;74(3):315-26.

Practice Guidelines

44. **No. 384-management of breech presentation at term.** *J Obstet Gynaecol Can* 2019;41(8):1193-1205.

45. **2018 ACC/AHA/HRS guideline on the evaluation and management of patients with bradycardia and cardiac conduction delay: executive summary.** *Circulation* 2019;140(8):e333-81.
46. **Evaluation and management of obesity hypoventilation syndrome: an official American Thoracic Society clinical practice guideline.** *Am J Respir Crit Care Med* 2019;200(3):e6-24.
47. **Committee opinion no 387: mid-urethral slings for stress urinary incontinence.** *JOGC* 2019;41(9):1389-91.
48. **Pediatric post-cardiac arrest care: a scientific statement from the American Heart Association.** *Circulation* 2019;140(6):e194-233.

Just breathe...

49. **Steps to better understanding resistant behaviours in hospitalized patients with dementia.** *BMJ* 2019;366:l4912.
50. **Surgery for chronic obstructive pulmonary disease.** *Am J Respir Crit Care Med* 2019;200(3):P5-6.

Books to borrow

Autism spectrum disorders. *American Psychiatric Association, 2018.*

A clinician's guide to gender-affirming care. *Context Press, 2018.*

The language of pain: fast forward your recovery to stop hurting. *Lioncrest Publishing, 2019.*

Never split the difference: negotiating as if your life depending on it. *Harper Business, 2016.*

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